



## Confidential Personal History – Child/Youth

Today's Date: \_\_\_\_\_

Completed by: \_\_\_\_\_

**Last Name:** \_\_\_\_\_

**First Name:** \_\_\_\_\_

Address: \_\_\_\_\_

Birthdate: \_\_\_\_\_ Age: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Gender: \_\_\_\_\_

\_\_\_\_\_

Ethnicity: \_\_\_\_\_

**Parent A's Name:** \_\_\_\_\_

**Parent B's Name:** \_\_\_\_\_

Address: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Home Phone: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Email: \_\_\_\_\_

Other Emergency Contact: \_\_\_\_\_

**School:** \_\_\_\_\_

**Grade in School:** \_\_\_\_\_

Teacher's Name: \_\_\_\_\_

Type of Classroom: \_\_\_\_\_

### Child's Physician or Healthcare Providers (including Primary Care Physician):

Name: \_\_\_\_\_ Profession: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Name: \_\_\_\_\_ Profession: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Name: \_\_\_\_\_ Profession: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Date of Child's Last Medical Checkup: \_\_\_\_\_ Weight: \_\_\_\_\_ Height: \_\_\_\_\_

Are there any medical precautions the therapist should be aware of when working with your child?

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### **FAMILY MEMBERS – DETAILED INFORMATION**

	Name	Age	Sex	Adopted	Occupation	Handedness
Father	_____	_____	_____	Yes No	_____	L R
Stepfather	_____	_____	_____	Yes No	_____	L R
Mother	_____	_____	_____	Yes No	_____	L R
Stepmother	_____	_____	_____	Yes No	_____	L R
Children	_____	_____	_____	Yes No	_____	L R
	_____	_____	_____	Yes No	_____	L R
	_____	_____	_____	Yes No	_____	L R

Marital Status of Parents: \_\_\_Married \_\_\_Separated \_\_\_Divorced \_\_\_Other

Mother's Education \_\_\_ Less than High School \_\_\_ Stepmother's Education \_\_\_ Less than High School  
\_\_\_ High School or GED \_\_\_ High School or GED  
\_\_\_ College \_\_\_ College  
\_\_\_ Grad School \_\_\_ Grad School

Father's Education \_\_\_ Less than High School \_\_\_ Stepfather's Education \_\_\_ Less than High School  
\_\_\_ High School or GED \_\_\_ High School or GED  
\_\_\_ College \_\_\_ College  
\_\_\_ Grad School \_\_\_ Grad School

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### **PERSONALITY PROFILE**

What are your child's gifts/strengths? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What do you enjoy most about your child/family? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What are the presenting problems for your child? (All categories below may not apply)

Academic: \_\_\_\_\_  
\_\_\_\_\_

Activities of daily life (e.g. eating , dressing): \_\_\_\_\_  
\_\_\_\_\_

Relationships: \_\_\_\_\_  
\_\_\_\_\_

Sensory: \_\_\_\_\_  
\_\_\_\_\_

Motor: \_\_\_\_\_  
\_\_\_\_\_

Play: \_\_\_\_\_  
\_\_\_\_\_

Other: \_\_\_\_\_  
\_\_\_\_\_

What kind of interests and activities does your child have (e.g. hobbies, sports, clubs)?

Please list them in order of preference beginning with the favorite activity:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Has your child been diagnosed with: **(please check all that apply)**

- ADD
- ADHD
- Anxiety disorder or Mood disorder (specify): \_\_\_\_\_
- Autistic spectrum disorder
- Cognitive delay
- Down syndrome
- Dyslexia
- Emotional disorder (specify): \_\_\_\_\_
- Fragile X syndrome
- Learning disabilities (specify if possible): \_\_\_\_\_

- \_\_\_ Sensory processing disorder or Sensory integration dysfunction
- \_\_\_ Tourette's syndrome
- \_\_\_ Other (specify): \_\_\_\_\_

Please note who provided the diagnosis and based on what criteria (e.g. test scores, comprehensive clinical evaluation, genetic study, etc.): \_\_\_\_\_

\_\_\_\_\_

## MEDICATIONS

List any medications your child has received **in the past**:

- Medication: \_\_\_\_\_ Purpose: \_\_\_\_\_ When taken: \_\_\_\_\_
- Medication: \_\_\_\_\_ Purpose: \_\_\_\_\_ When taken: \_\_\_\_\_
- Medication: \_\_\_\_\_ Purpose: \_\_\_\_\_ When taken: \_\_\_\_\_
- Medication: \_\_\_\_\_ Purpose: \_\_\_\_\_ When taken: \_\_\_\_\_
- Medication: \_\_\_\_\_ Purpose: \_\_\_\_\_ When taken: \_\_\_\_\_

List any medications is **currently** taking, its purpose and frequency of dosage:

- Medication: \_\_\_\_\_ Purpose: \_\_\_\_\_ When taken: \_\_\_\_\_
- Medication: \_\_\_\_\_ Purpose: \_\_\_\_\_ When taken: \_\_\_\_\_
- Medication: \_\_\_\_\_ Purpose: \_\_\_\_\_ When taken: \_\_\_\_\_
- Medication: \_\_\_\_\_ Purpose: \_\_\_\_\_ When taken: \_\_\_\_\_
- Medication: \_\_\_\_\_ Purpose: \_\_\_\_\_ When taken: \_\_\_\_\_

## FAMILY ADAPTATION

How would you describe your child's general adjustment at home? Poor \_\_\_ Fair \_\_\_ Good \_\_\_ Excellent \_\_\_

How does your child get along with each member of the family?

Father \_\_\_\_\_

Mother \_\_\_\_\_

Siblings \_\_\_\_\_

\_\_\_\_\_

Have there been any traumatic family events in the course of this child's development?

\_\_\_\_\_

\_\_\_\_\_

Have there been any major moves? (city to city, country to country)

\_\_\_\_\_  
\_\_\_\_\_

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### **PREGNANCY (IF CHILD IS ADOPTED, SKIP TO ADOPTION SECTION)**

What kind of experience was the pregnancy for both mother and father?

Parent A \_\_\_\_\_

Parent B \_\_\_\_\_

	Yes	No	Comments
Was it planned?	_____	_____	_____
Were there complications?	_____	_____	_____
Shock	_____	_____	_____
Severe stress	_____	_____	_____
Loss of a loved one	_____	_____	_____
Accident	_____	_____	_____
Health problems, specify	_____	_____	_____
Confinement to bed	_____	_____	_____
Other	_____	_____	_____
Was mother exposed to loud noises?	_____	_____	_____
Did mother smoke?	_____	_____	_____
Did mother consume alcohol?	_____	_____	_____
Did mother take any medication?	_____	_____	<u>Specify:</u> _____
Did mother talk much?	_____	_____	_____
Was mother physically active?	_____	_____	_____
Were any previous pregnancies complicated?	_____	_____	_____

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### **LABOR & DELIVERY**

Describe your experience during labor and delivery \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

		Comments
Length of labor?	_____ hrs	_____
Premature: specify	Yes _____ No _____	_____
Forceps used	Yes _____ No _____	_____
High forceps required	Yes _____ No _____	_____
Suction	Yes _____ No _____	_____
Delivery position (ex: breech)	_____	_____
Caesarean birth (reason)	Yes _____ No _____	_____
Birth weight	_____ lbs _____ oz	_____
APGAR ratings (if known)	_____	_____
Cried immediately	Yes _____ No _____	_____
Required special treatment (i.e. required)	Yes _____ No _____	_____

oxygen, had jaundice, etc.) \_\_\_\_\_  
 Birth injuries: specify Yes \_\_\_ No \_\_\_ \_\_\_\_\_  
 Did the newborn have immediate physical contact with the mother? Yes \_\_\_ No \_\_\_ \_\_\_\_\_  
 Was there a positive bonding experience between mother and newborn at birth? Yes \_\_\_ No \_\_\_ \_\_\_\_\_  
 Describe any separations from mother during first days of life \_\_\_\_\_  
 Did mother experience any post-partum depression? Yes \_\_\_ No \_\_\_ \_\_\_\_\_

## ADOPTION

Describe the circumstances surrounding the adoption.

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

More specifically:

Age when adopted: \_\_\_\_\_

Prior foster homes: \_\_\_\_\_

Physical appearance: \_\_\_\_\_

Response to new home: \_\_\_\_\_

Is your child aware of his/her adoption? \_\_\_\_\_

## INFANCY & TODDLERHOOD

Going back to the **first two years** of the child's life, what type of baby was s/he? (feeding, sleeping, activity level)

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

	Yes	No	Comments
Breastfed	_____	_____	_____
Extended separations during first two years (over 3 days)	_____	_____	_____
Specific health problems during this period	_____	_____	_____
Thumb sucking/pacifier (until what age)	_____	_____	_____

Feeding problems	_____	_____	_____
Sleeping problems	_____	_____	_____
Colic or "fussy baby"	_____	_____	_____
Prefer certain positions as an infant	_____	_____	Describe: _____
Dislike lying on stomach	_____	_____	_____
Dislike lying on back	_____	_____	_____
Able to self soothe	_____	_____	_____
On a regular schedule	_____	_____	_____
Enjoy bouncing	_____	_____	_____
Become calmed by car rides or infant swings	_____	_____	_____
Become nauseated by car rides or infant swings	_____	_____	_____
Crawled (at what age)	_____	_____	_____
Toe walker (until what age)	_____	_____	_____
Go through "terrible twos"	_____	_____	_____
Describe your child's toddler stage:	_____		

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### CHILDHOOD ILLNESSES / PROBLEMS

	Age	Comments / Deficits
_____ Ear infections	_____	None / A Couple / Many
_____ Tubes in ears	_____	_____
_____ Respiratory problems	_____	_____
_____ High fever	_____	_____
_____ Meningitis	_____	_____
_____ Adenoid problems	_____	_____
_____ Frequent colds	_____	_____
_____ Strep throat	_____	_____
_____ Allergies (specify)	_____	_____

Check the items below which have been a problem and provide details:

	Age	Comments / Deficits
Asthma	_____	_____
Bronchitis	_____	_____
Skin problems	_____	_____
Gastro-Intestinal problems	_____	_____
Seizures	_____	_____
Epilepsy	_____	_____
Nightmares	_____	_____
Sleep	_____	_____
Bedwetting	_____	_____
Nail biting	_____	_____
Broken limbs	_____	_____
Other	_____	_____

Has she/he ever been hospitalized? Yes\_\_\_\_\_ No\_\_\_\_\_

If yes, list reasons:\_\_\_\_\_

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Has she/he ever had a serious accident/injury? Yes\_\_\_\_\_ No\_\_\_\_\_

If yes, list accidents: \_\_\_\_\_

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Are there any other medical illnesses or conditions which have been diagnosed?

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Is your child in good general health at the present time? \_\_\_\_\_

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### **DEVELOPMENTAL MILESTONES**

(Give approximate ages if remembered, or comment on anything unusual)

Rolling over \_\_\_\_\_ Walk \_\_\_\_\_ Say words \_\_\_\_\_

Sit alone \_\_\_\_\_ Chew solid food \_\_\_\_\_ Say sentences \_\_\_\_\_

Crawl \_\_\_\_\_ Drink from a cup \_\_\_\_\_

Was crawling phase brief? Yes\_\_\_\_\_ No\_\_\_\_\_ Absent? Yes\_\_\_\_\_ No\_\_\_\_\_

Did child use a walker (rolling plastic seat)? Yes\_\_\_\_\_ No\_\_\_\_\_ If yes, how often? \_\_\_\_\_

Experience hesitancy or delays in learning to go down stairs? Yes\_\_\_\_\_ No\_\_\_\_\_

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### **VISUAL DEVELOPMENT**

Has your child experienced any problems with his/her eyesight or vision? \_\_\_\_\_

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Are there any current problems of which you are aware? \_\_\_\_\_

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When was the last time his/her eyesight was tested? \_\_\_\_\_

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### **AUDITORY DEVELOPMENT**

Has your child experiences any problems with his/her hearing? (operations, infections, tubes)

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Ear infections?      seldom \_\_\_\_\_      sometimes \_\_\_\_\_      often \_\_\_\_\_  
                                 mild \_\_\_\_\_      moderate \_\_\_\_\_      severe \_\_\_\_\_



Are there any current hearing problems of which you are aware? \_\_\_\_\_

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## **SPEECH AND LANGUAGE DEVELOPMENT**

How would you describe your child's speech and language development?

normal\_\_\_\_\_ delayed\_\_\_\_\_ advanced\_\_\_\_\_

Did your child begin speaking in single words, then two, then a sentence? Yes\_\_\_\_\_ No\_\_\_\_\_

Did your child not talk for a long while, then all of a sudden speak in complete sentences? Yes\_\_\_\_\_ No\_\_\_\_\_

Do you or others have difficulty understanding what your child says? Yes\_\_\_\_\_ No\_\_\_\_\_

First words and at what age: \_\_\_\_\_

Describe any speech related problems: \_\_\_\_\_

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## **SENSORY AND MOTOR DEVELOPMENT**

Please check any that apply:

\_\_\_\_\_ My child seems to be overly sensitive to sensory experiences more so than most people:

\_\_\_\_\_ auditory \_\_\_\_\_ tactile \_\_\_\_\_ visual \_\_\_\_\_ movement \_\_\_\_\_ taste \_\_\_\_\_ smell

\_\_\_\_\_ My child doesn't seem to react to sensory experiences as readily as most people:

\_\_\_\_\_ auditory \_\_\_\_\_ tactile \_\_\_\_\_ visual \_\_\_\_\_ movement \_\_\_\_\_ taste \_\_\_\_\_ smell

\_\_\_\_\_ My child actively seeks out sensory experiences more so than most people:

\_\_\_\_\_ auditory \_\_\_\_\_ tactile \_\_\_\_\_ visual \_\_\_\_\_ movement \_\_\_\_\_ taste \_\_\_\_\_ smell

My child has difficulty differentiating sensory experiences.

(ex. Confuse sounds, can't find objects in drawer or bag without looking, bumps into things)

Describe: \_\_\_\_\_

\_\_\_\_\_ My child has trouble learning new movements.

\_\_\_\_\_ My child tends to be clumsy and has balance and coordination problems.

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## **PREVIOUS TESTING AND TREATMENTS**

Has your child had any previous ASSESSMENTS or TREATMENT

**Please attach relevant reports.**

	ASSESSMENTS			TREATMENT		
	Yes	No	Place / Date	Yes	No	Place/Date
Medical	_____	_____	_____	_____	_____	_____
Audiological	_____	_____	_____	_____	_____	_____
Speech	_____	_____	_____	_____	_____	_____
Educational	_____	_____	_____	_____	_____	_____
Psychological	_____	_____	_____	_____	_____	_____
Occ. Therapy	_____	_____	_____	_____	_____	_____
Other	_____	_____	_____	_____	_____	_____

Comments: \_\_\_\_\_

Have there been any specific events or traumas linked with the onset of your child's difficulties?

\_\_\_\_\_  
\_\_\_\_\_

Is your marital situation stable and positive at this time? \_\_\_\_\_

What, if any, stresses are affecting your family at this time? \_\_\_\_\_

\_\_\_\_\_

Which language(s) is spoken at home? \_\_\_\_\_

Are there other individuals or family members living at home? (other than immediate family)

\_\_\_\_\_

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## EDUCATION

How did your child adapt to the first day(s) at school or pre-school:

Mostly positive \_\_\_\_\_ Mixed \_\_\_\_\_ Mostly negative \_\_\_\_\_

How old was he/she? \_\_\_\_\_ How much time did he/she attend per week? \_\_\_\_\_

In general, how would you describe your child's experience / learning at school from kindergarten to the present time? \_\_\_\_\_

\_\_\_\_\_

Please give us more detailed information about any difficulties your child encountered in school beginning with the earliest experience:

Initial school adjustment: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Pre-school/Daycare \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Primary (K-Gr. 3) \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Junior (Gr. 4-6) \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Intermediate (Gr. 7-8) \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Highschool (Gr. 9-12) \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Has there been any remedial help given **inside** the school system? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, describe: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

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## GOALS

What are your goals for your child's program? Please be as specific as possible.

1. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

2. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

3. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

4. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

5. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

How did you hear about *I Can Therapy*? \_\_\_\_\_

If you were referred:

Referred by: \_\_\_\_\_ Profession: \_\_\_\_\_

Address: \_\_\_\_\_

**Optional:** *I Can Therapy* has my permission to send a thank you letter to my referral source indicating that my child has been seen for an evaluation.

Parent or Guardian: \_\_\_\_\_ Date: \_\_\_\_\_